Everyone deserves access to quality healthcare, regardless of mobility limitations. Having the right equipment and trained staff make a huge difference in providing safe, quality care and improving patient outcomes.

Today, poor patient handling practices put patients and caregivers at risk for injury and lesser quality care.

How can we help patients be safer during medical office visits without sacrificing quality of care?

A recent study by Dr. Guy Fragala and colleagues (sponsored by Midmark), evaluated patient exertion, difficulty and safety for patients requiring various levels of assistance to sit on an exam chair or table.

"As new ambulatory clinics are built and renovations are done to existing clinics, the benefits of height-adjustable examination chairs need to be recognized, and those making decisions on furnishings need to understand how height-adjustable exam chairs can add to the quality of care provided."

Guy Fragala, PhD, PE, CSP, CSPHP

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Read the full study by Dr Fragala online.