



Better BP Measurement for Improved Patient Outcomes

DESCRIPTION

This continuing education activity is intended for a registered nurse, an EKG technician, or other Allied healthcare professionals with responsibility for obtaining blood pressure measurements. This learning activity will focus on hypertension, the importance of accurate and standardized blood pressure measurement with proper patient positioning and best practice integration of blood pressure measurement in the clinical setting.

WHY ATTEND?

Hypertension affects many Americans and is known as the "silent killer" because symptoms are not always present. Therefore, the patient and their healthcare provider must work together to screen for hypertension at annual physical examinations with accurate, consistent blood pressure measurements. When uncontrolled, hypertension can lead to major health problems that can cause the patient to suffer heart attack, heart failure, stroke, chronic kidney disease, chronic heart disease or any combination of these problems. It is vital for patient safety and well-being that blood pressure measurements are accurate to avoid missed diagnosis or misdiagnosis. This learning activity will focus on hypertension, the importance of accurate and standardized blood pressure measurement with proper patient positioning, and best practice integration of blood pressure measurement in the clinical setting.

*Continuing Nursing and
Allied Health Education Provider*



OBJECTIVES

After completing this continuing education activity, the participant should be able to:

- Explain the health risks involved when hypertension is uncontrolled.
- Describe the importance of accurate blood pressure measurement as it pertains to the diagnosis and treatment of hypertension.
- Identify best practice methods for patient positioning to improve blood pressure measurement at the point of care.

ACCREDITATION INFORMATION

California Board of Registered Nursing
Association of periOperative Registered Nurses is provider-approved by the California Board of Registered Nursing, Provider Number CEP 13019 for **2.0 contact hours**.

NCCT

The National Center for Competency Testing (NCCT) has approved this program for **2.0 contact hours**.

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