# **Position yourself** and your patients for in-office procedures.

Close to half of all procedures in the US are now performed in the office setting.<sup>1</sup> With advancements in technology, anesthesia and pain management, it is expected that the number of procedures being performed in an office setting will continue to rise.<sup>2</sup> The future of healthcare involves more patients, more in-office procedures, and a growing demand for accessibility and compliance—are you ready?

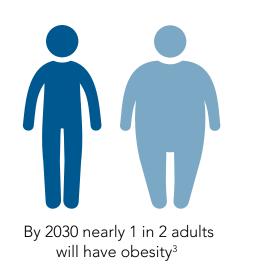
> 81 million The number of procedures performed in 2023<sup>1</sup>

44%

In 2023, nearly half of all procedures in the US were performed in the office setting<sup>1</sup>

18% The estimated increase in the volume of in-office procedures by 2032<sup>2</sup>

### Not only are procedures shifting, so are your patients.







In 2020, nearly 60 million Americans were over the age of 65. By 2050, that number is expected to increase to over 80 million<sup>4</sup>

In 2022, over 70 million Americans reported having a disability.<sup>5</sup>

### Selecting a procedure chair? Consider your own comfort, too.

When performing in-office procedures, it's important to choose a procedure chair that provides clear access to the patient and procedure site. But, have you considered provider ergonomics? If you haven't, here's why you should.

1 out of 5 Of all injuries reported in the US

is healthcare related.<sup>6</sup>

Healthcare workers are almost 3 times as likely to suffer from work-related injuries than construction workers.<sup>6</sup>

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# Midmark can help.

Midmark<sup>®</sup> procedure chairs are designed with features that help ensure ample access to the patient while maintaining a proper working position whether seated or standing.



- 01 Compliant to the 2024 US Access Board **MDE Standards** (applicable to model 631-001 only)<sup>7</sup>
- 02 8-way powered positioning
- Comfortable upholstery and headrest options 03
- 04 Slim, contoured design
- 05 Low Seat Height: 17" 24" and High Seat Height: 39" - 40" (dependent upon chair model)



# **Caregiver Ergonomics**



**Proper Height** Work at elbow height with hands straight and in-line with forearms.8



**Straight Back** Back should be kept straight when seated or standing.8



**Relaxed Arms** Shoulders and arms should be relaxed with elbows close to the body.<sup>8</sup>

### **Patient Positioning**



631-001 procedure chair shown.



Semi-Fowler Can improve patient comfort and caregiver ergonomics



Lithotomy Position patients for lower-body procedures (Not available on 641 models)



**Elevated Flat** Can improve access and visibility to the patient's head, neck and torso



Chair Entry Positions the patient in the upright position for entry and exit



Trendelenburg Used as a treatment for hypotension during a procedure, and for positioning patients for lower-body procedures

Sources:

1 Retrieved March 2021 from: https://clarivate.com/coronavirus-resources/?lid=d\_See "Impact on Medical Procedure... tab"

3 https://pubmed.ncbi.nlm.nih.gov/31851800/

- 4 https://www.census.gov/library/stories/2019/12/by-2030-all-baby-boomers-will-be-age-65-or-older.html
- 5 <u>https://www.cdc.gov/media/releases/2024/s0716-Adult-disability.html#:~:text=&quot</u>
- 6 https://www.bls.gov/charts/injuries-and-illnesses/number-and-rate-of-nonfatal-work-injuries-by-industry.html
- 7 https://www.federalregister.gov/documents/2024/07/25/2024-16266/standards-for-accessible-medical-diagnostic-equipment
- 8 https://uhs.princeton.edu/health-resources/ergonomics-computer-use



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